CCAA Cross Country Championships

Hosted by SAIT Polytechnic

November 8, 2014

Runner	School	Conf	Bib#	Time	Pace/km	Overall place	School place	Conf place	SAIT	GPRC	LCK	CUC	RDC	UAA	HUM	STCL	UBCO	SHER	AHUN	MAIS	STMU	FAN	MOH	SEN	FLEM	LAMB	ACAC	PACW	RSEQ	OCAA
Jérémy Briand	CEM	RSEQ	245	27:07	03:23	1		1																					1	
Edwin Kaitany	LCK	ACAC	162	27:11	03:24	2	1	2			1																2			
Riley Olesky	FLEM	OCAA	226	27:22	03:25	3	2	3																	2					3
Jules Burnotte	SHER	RSEQ	240	27:40	03:28	4	3	4										3											4	
Rob Asselstine	SLC-K	OCAA	223	27:44	03:28	5		5																						5
Ryan Foott	FAN	OCAA	193	27:50	03:29	6	4															4								
Skylar Edwards	STCL	OCAA	217	27:54	03:29	7	5									5														
Luke Deighan	FAN	OCAA	192	27:57	03:30	8	6															6								
Idris Ahmed	KC	ACAC	161	28:08	03:31	9		6																			6			
Nassim Ennabaoui	LAMB	RSEQ	247	28:13	03:32	10	7	7																		7			7	
Hans Asfeldt	UAA	ACAC	179	28:17	03:32	11	8	8						8													8			
Emmanuel Champagne	CLG	RSEQ	260	28:17	03:32	12																								
Cael Warner	UBCO	PACW	232	28:22	03:33	13	9	9									9											9		
Zachary Johnson	FLEM	OCAA	225	28:24	03:33	14	10	10																	10					10
Kirk Sundt	CUC	ACAC	155	28:25	03:33	15	11	11				11															11			
Daniel Bright	HUM	OCAA	198	28:29	03:34	16	12								12															
Eric Bang	HUM	OCAA	199	28:31	03:34	17	13								13															
Ryan Fennell	GC	OCAA	197	28:37	03:35	18		12																						12
Adam Cole Czuchnicki	MOH	OCAA	206	28:44	03:36	19	14																14							
Gavin Shields	CONF	OCAA	230	28:45	03:36	20		13																						13
Boaz Korir	LCK	ACAC	163	28:45	03:36	21	15	14			15																14			
Seth Marcaccio	FAN	OCAA	191	28:48	03:36	22	16	15														16								15
Nebil Ben Salem	AHUN	RSEQ	251	28:51	03:36	23	17	16											17										16	
Marc-André Fortier	VICT	RSEQ	244	28:57	03:37	24																								
Their Nunguwenimana	HUM	OCAA	202	29:02	03:38	25	18								18															
Gabriel Torres	CENT	OCAA	189	29:02	03:38	26																								
Alex Andres	LCK	ACAC	164	29:02	03:38	27	19				19																			
Matt Vrielink	SAIT	ACAC	173	29:02	03:38	28	20	17	20																		17			
Greg Kilroy	CONF	OCAA	231	29:03	03:38	29																								
Eliud Lagat	GBC	OCAA	224	29:04	03:38	30																								
Ali Ghadghoni	HUM	OCAA	200	29:06	03:38	31	21								21															
Andrew Jacobs	RDC	ACAC	172	29:06	03:38	32	22						22																	
Marc-Antoine Crépeau	SHER	RSEQ	242	29:12	03:39	33	23											23												
Louis-Carlos Vargas-Rochelea	LAMB	RSEQ	249	29:13	03:39	34	24																			24				
Colin Wallace	UBCO	PACW	233	29:15	03:39	35	25	18									25											18		
Davis Cheruiyot	SEN	OCAA	212	29:18	03:40	36	26																	26						
Ismael Ben Mohamed	AHUN	RSEQ	252	29:20	03:40	37	27	19											27										19	
Marek Adamowicz	LAMB	RSEQ	246	29:27	03:41	38	28																			28				
Paul Ramsay-Vejlens	LAMB	RSEQ	248	29:27	03:41	39	29																			29				
Sam Kirwin	HUM	OCAA	201	29:29	03:41	40	30								30															
Samuel Beauvais	SHER	RSEQ	238	29:31	03:41	41	31	20										31											20	
Jonathan Tedeschi	AHUN	RSEQ	250	29:33	03:42	42	32	21											32										21	
Daniel Turco	SAU	OCAA	210	29:35	03:42	43																								
Philippe Duchesne	AHUN	RSEQ	253	29:37	03:42	44	33												33											
Mario Manitowabi	SEN	OCAA	213	29:39	03:42	45	34																	34						
Mitchell Dore	RDC	ACAC	169	29:45	03:43	46	35						35																	
Nassim Bousmaha	MONT	RSEQ	261	29:49	03:44	47																								
David Greer	SAIT	ACAC	174	29:51	03:44	48	36		36																					
Michael Quick	CUC	ACAC	153	29:56	03:45	49	37	22				37															22			

Andrew Aguanno	STCL	OCAA	222	29:56	03:45	50	38	23								38														23
Jack Longeuay	STCL	OCAA	221	29:58	03:45	51	39									39														
Joshua Tremblay	UBCO	PACW	237	30:00	03:45	52	40	24									40											24		
Ian Weir	FLEM	OCAA	229	30:06	03:46	53	41																		41					
Erik Paulsen	UBCO	PACW	234	30:12	03:47	54	42	25									42											25		
Mackenzie Wong	UBCO	PACW	236	30:15	03:47	55	43	26									43											26		
Riley Wallace	GPRC	ACAC	160	30:17	03:47	56	44			44																				
Jonathan Fuller	UAA	ACAC	180	30:22	03:48	57	45							45																
Brandon Wladyko	GPRC	ACAC	159	30:23	03:48	58	46			46																				
Noah Arychuk	RDC	ACAC	167	30:24	03:48	59	47						47																	
Guillaume Cabana	SHER	RSEQ	243	30:24	03:48	60	48											48												
Lamine Yaddaden	AHUN	RSEQ	254	30:25	03:48	61	49												49											
Caleb Trotter	FAN	OCAA	194	30:28	03:49	62	50															50								
Jameson Tige	SEN	OCAA	215	30:28	03:49	63	51																	51						
Carson Gunn	SAIT	ACAC	175	30:29	03:49	64	52		52																					
Antoine Daigle	SHER	RSEQ	241	30:31	03:49	65	53											53												
Sean Hickey	SAIT	ACAC	176	30:33	03:49	66	54		54																					
Ben Thomas	CUC	ACAC	156	30:35	03:49	67	55					55																		
Nathan Bryant	SEN	OCAA	211	30:35	03:49	68	56																	56						
Josh Heuving	FAN	OCAA	195	30:37	03:50	69	57															57								
Chris Caddey	MOH	OCAA	204	30:44	03:51	70	58																58							
Alexandre Hartl-Meunier	MAIS	RSEQ	259	30:46	03:51	71	59													59										
Joedy Dalke	UAA	ACAC	181	30:50	03:51	72	60							60																
Hassan Ishaq	MOH	OCAA	207	30:57	03:52	73	61																61							
Ivan Niemtsev	MAIS	RSEQ	257	31:02	03:53	74	62													62										
Bradley Wilcox	MOH	OCAA	208	31:03	03:53	75	63																63							
Jamie McNorgan	FAN	OCAA	196	31:09	03:54	76	64															64								
Scott Lyons	UBCO	PACW	235	31:11	03:54	77	65	27									65											27		
Doan Tran	AHUN	RSEQ	255	31:13	03:54	78	66												66											
Tom Strachan	SAIT	ACAC	177	31:21	03:55	79	67		67																					
Christopher White Gloria	STMU	ACAC	187	31:26	03:56	80	68														68									
Dante Lapico	STCL	OCAA	218	31:52	03:59	81	69									69														
Ben Sullivan	FLEM	OCAA	228	31:58	04:00	82	70																		70					
Ian Keefe	GPRC	ACAC	157	31:59	04:00	83	71			71																				
Tyson Goodstriker	LCK	ACAC	166	32:08	04:01	84	72				72																			
Matthieu Martin	UAA	ACAC	182	32:18	04:02	85	73							73																
Mykola Niemtsev	MAIS	RSEQ	256	32:28	04:04	86	74													74										
Leon Mathura	SEN	OCAA	214	32:31	04:04	87	75																	75						
Marc-André Forget	SHER	RSEQ	239	32:34	04:04	88	76											76												
Matthew Mundy	STMU	ACAC	185	32:34	04:04	89	77														77									
Kyler Norton	MOH	OCAA	209	32:43	04:05	90	78																78							
Michael Schnare	SAIT	ACAC	178	32:43	04:05	91	79		79																					
Reginald Wellwood	SEN	OCAA	216	32:55	04:07	92	80																	80						
Darren Mancini	HUM	OCAA	203	32:58	04:07	93	81								81															
Lucas Empey	STMU	ACAC	188	33:01	04:08	94	82														82									
Johannes Louw	MOH	OCAA	205	33:03	04:08	95	83																83							
Trent Hebert	UAA	ACAC	183	33:04	04:08	96	84							84																
Vincent Girard	MAIS	RSEQ	258	33:17	04:10	97	85													85										
Lucas Plamondon	RDC	ACAC	171	33:28	04:11	98	86						86																	
Steve Osczevski	FLEM	OCAA	227	33:29	04:11	99	87																		87					
Kenton Sportak	CUC	ACAC	154	33:42	04:13	100	88					88																		
Johnathan Allan	RDC	ACAC	168	33:42	04:13	101	89						89																	
Nils Asfeldt	UAA	ACAC	184	34:05	04:16	102	90							90																
Cameron Collins	STCL	OCAA	220	34:22	04:18	103	91									91														
Joshua Malmsten	GPRC	ACAC	158	34:22	04:18	104	92			92																				
Cody Hogberg	CUC	ACAC	151	34:26	04:18	105	93					93																		
Clay Goodstriker	LCK	ACAC	165	34:41	04:20	106	94				94																			
Johnathan Lam	RDC	ACAC	170	37:33	04:42	107	95						95																	
Jake Stanley	STMU	ACAC	186	38:34	04:49	108	96														96									

For more than 200 runners, unprotect worksheet, insert additional rows above this row,

copy previous last row above this one,paste copied row into inserted rows, protect worksheet

								SAIT	GPRC	LCK	CUC	RDC	UAA	HUM	STCL	UBCO	SHER	AHUN	MAIS	STMU	FAN	MOH	SEN	FLEM	LAMB	ACAC	PACW	RSEQ	OCAA
# of runners scoring					108	96	27	6	4	5	5	6	6	6	5	6	6	6	4	4	6	6	6	5	4	7	6	7	7
# of runners total								6	4	5	5	6	6	6	5	6	6	6	4	4	6	6	6	5	4	37	6	24	41
team total points (4 runners for school; 5 runners for conf):								162	253	107	191	190	186	64	151	116	105	109	280	323	76	196	167	123	88	41	102	47	43
team rank:								10	16	5	14	13	12	1	9	7	4	6	17	18	2	15	11	8	3	1	4	3	2