



UBCO Jr. Heat Basketball

Fall Skills Academy and Compete



Girls in grades 7-9

Academy Dates @ UBCO: 12:00-1:30pm Sundays: September 9,16,23,30 October 14,21,28 and November 4

Compete Dates @ First Lutheran Church Saturdays: September 15,22,29 October 13,20,27 and November 3

The Jr. Heat Basketball Development Clinics are a great way train during the fall to assist players in their preparation for the upcoming school season and Jr. Heat spring club season. These clinics will be run by UBC Okanagan Heat coaching staff, Jr Heat coaching staff, and UBCO athletes.

The sessions will focus on skill development and fundamentals, including shooting, ball handling and passing. They will also focus on basic offensive and defensive principles to give players a greater understanding of the game, using concepts that are taught at the U Sport level.

There is also a compete day in addition to the Sunday academy. Players will be able to implement the fundamentals that they are learning in the skill sessions in a competitive game environment once a week.

Pricing: \$250 new player OR \$125 if your daughter was in our 2017 Jr Heat Fall Academy or our 2018 Jr Heat Spring Club Teams

YES _____my daughter needs a JR Heat reversible jersey SIZE: _____ (add \$20 to your fee)

**Please make cheques out to UBC. Cheques can be sent to 3211 Athletics Court, GYM 106 Kelowna BC, V1V 1V7
ATTN: Bobby Mitchell - Women's Basketball OR send an email transfer to Lisa Nickle at dltr@telus.net with the answer to the security question as basketball and include your daughter's name on the email transfer.**

ATHLETE'S INFORMATION

First Name: Last Name:

Date of Birth: Grade:

Carecard #: Phone: Email:

PARENT/GUARDIAN RELEASE

I hereby authorize my child's participation in the Heat Basketball Development Clinics. I know of no physical or mental problems which may affect my child's ability to safely participate in this clinic. I acknowledge that the coaching staff has the right to deny admission to or dismiss my child from training for any reason. I hereby authorize the coaching staff of the Heat Clinics to act on my behalf in the case of illness or injury involving my child. I agree that the Heat clinic coaches, agents, employees, servants or any of them, shall not be held liable for any injuries or damages which may arise out of the aforementioned activities, regardless of cause, unless such injuries or damages result expressly from the sole negligence of the Heat Development Clinics, its coaches, agents, employees and servants while acting within the scope of their duties. By agreeing to this release, it is my intention to exempt and relieve the Heat Development clinics its coaches and employees, agents and servants from any and all liability for personal injury, property damage and wrongful death. I am aware that the Heat clinic coaches do not provide medical / accident insurance for the enrolled participant and I understand that the responsibility to arrange such insurance, or to otherwise cover any medical costs, is mine. I, as the Parent/Guardian, agree to the terms and conditions above:

Name: Signature: Date:

Please email completed form to: Lisa Nickle at dltr@telus.net

The Heat program looks forward to seeing you in the gym!

For more info contact: Lisa Nickle at dltr@telus.net or Bobby Mitchell at Robert.Mitchell@ubc.ca