



# UBCO Jr. and Sr. Heat Basketball Fall Skills Academy and Compete



**Boys in grades 7-9 and Boys in grades 10-12**

The Academy and Compete sessions occur on the same days, the Junior Boys are Sunday afternoons from 3:00 pm – 5:15 pm while the Senior Boys are Sunday from 5:30 - 7:45 pm. The dates for both programs are **September 9, 16, 23, 30 October 14, 21, 28 and Nov 4. ALL SESSIONS AT UBCO GYM.**

The Jr. and Sr. Heat basketball development clinics are a great way to train during the fall to assist players in their preparation for the upcoming school season and the spring club season. [Registration will stay open until Friday September 7] These sessions will be run by the UBC Okanagan Heat coaching staff, the Jr/Sr Heat coaching staff and our UBCO athletes.

The sessions will focus on skill development and fundamentals, including shooting, ball handling and passing. They will also focus on basic offensive and defensive principles to give players a greater understanding of the game, using concepts that are taught at the U SPORT level.

There is also a compete section addition to the Sunday skills academy. Participant will be able to implement the fundamentals that they are learning in the skill sessions in a competitive game environment each week. The session for both the Jr and Sr programs comprises 90 minutes of skills academy and 45 minutes of Competition.

**Pricing: \$250 for 8 weeks**

**YES \_\_\_my son needs a Heat reversible jersey SIZE: \_\_\_\_\_ [add \$20]**

Please make cheques payable to: UBC

Cheques can be sent to: Attention Men’s Basketball  
3211 Athletics Court, Gym 106, Kelowna BC, V1V 1V7

[cheques may also be dropped off in the Athletics office of the gym]

## ATHLETE'S INFORMATION

First Name:

Last Name:

Date of Birth:

Grade:

Carecard #:

Phone:

Email:

## PARENT/GUARDIAN RELEASE

I hereby authorize my child’s participation in the Heat Basketball Development Clinics. I know of no physical or mental problems which may affect my child’s ability to safely participate in this clinic. I acknowledge that the coaching staff has the right to deny admission to or dismiss my child from training for any reason. I hereby authorize the coaching staff of the Heat Clinics to act on my behalf in the case of illness or injury involving my child. I agree that the Heat clinic coaches, agents, employees, servants or any of them, shall not be held liable for any injuries or damages which may arise out of the aforementioned activities, regardless of cause, unless such injuries or damages result expressly from the sole negligence of the Heat Development Clinics, its coaches, agents, employees and servants while acting within the scope of their duties. By agreeing to this release, it is my intention to exempt and relieve the Heat Development clinics its coaches and employees, agents and servants from any and all liability for personal injury, property damage and wrongful death. I am aware that the Heat clinic coaches do not provide medical / accident insurance for the enrolled participant and I understand that the responsibility to arrange such insurance, or to otherwise cover any medical costs, is mine. I, as the Parent/Guardian, agree to the terms and conditions above:

Name:

Signature:

Date:

*Please email completed form to: [Kenneth.olynyk@ubc.ca](mailto:Kenneth.olynyk@ubc.ca)*

For more info contact: Ken Olynyk at [Kenneth.olynyk@ubc.ca](mailto:Kenneth.olynyk@ubc.ca) or Thom Gillespie. [Thom.gillespie@hotmail.com](mailto:Thom.gillespie@hotmail.com)